UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE **SECURITIES EXCHANGE ACT OF 1934**

Date of report (Date of earliest event reported): January 15, 2025

VITAL ENERGY, INC.

(Exact name of registrant as specified in charter) 001-35380

(Commission File Number)

Delaware

45-3007926

(I.R.S. Employer Identification No.)

		(State or other jurisdiction of incorporation or organization)	(Commission File Numbe	er) (I.R.S. Employer Identification No.)
		521 E. Second Street	Suite 1000	
		Tulsa	Oklahoma	74120
	(Address of principal e		executive offices)	(Zip code)
		Registrant's te	elephone number, including are	a code: (918) 513-4570
		/5	Not Applicable	nd since last recently
		(Former na	me or former address, if change	ed since last report)
Check the	approp	priate box below if the Form 8-K filing is i	ntended to simultaneously satis provisions:	fy the filing obligation of the registrant under any of the following
		Written communications pursuant to R	ule 425 under the Securities Ac	t (17 CFR 230.425)
		Soliciting material pursuant to Rule 14a	a-12 under the Exchange Act (17	7 CFR 240.14a-12)
		Pre-commencement communications p	oursuant to Rule 14d-2(b) under	the Exchange Act (17 CFR 240.14d-2(b))
		Pre-commencement communications p	oursuant to Rule 13e-4(c) under	the Exchange Act (17 CFR 240.13e-4(c))
		Securities regi	istered pursuant to Section 12(b	o) of the Exchange Act:
		Title of each class Common stock, \$0.01 par value	Trading Symbol VTLE	Name of each exchange on which registered New York Stock Exchange
		cate by check mark whether the registrar 3 (§230.405 of this chapter) or Rule 12b-2		ny as defined in Rule 405 of the Securities Act of of 1934 (§240.12b-2 of this chapter).
		Emerging Growth Company		
				elected not to use the extended transition period for pursuant to Section 13(a) of the Exchange Act. \Box

Item 7.01. Regulation FD Disclosure.

On January 15, 2025, Vital Energy, Inc. (the "Company") issued a press release announcing plans to host a conference call on Thursday, February 20, 2025 at 7:30 am Central Time to discuss its fourth-quarter and full-year 2024 financial and operating results. A copy of the Company's press release has been furnished as Exhibit 99.1 to this Current Report on Form 8-K and incorporated herein by reference.

In accordance with General Instruction B.2 of Form 8-K, the information furnished under this Item 7.01 of this Current Report on Form 8-K and the exhibit attached hereto are deemed to be "furnished" and shall not be deemed "filed" for the purpose of Section 18 of the Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, nor shall such information be deemed incorporated by reference into any filing under the Securities Act of 1933, as amended (the "Securities Act") or the Exchange Act.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Exhibit N	umber	Description
99.1		Press Release dated January 15, 2025.
104		Cover Page Interactive Data File (formatted as Inline XBRL).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

VITAL ENERGY, INC.

Date: January 15, 2025 By: /s/ Bryan J. Lemmerman

Bryan J. Lemmerman

Executive Vice President and Chief Financial Officer



Vital Energy Provides Details for its Fourth-Quarter 2024 Earnings Release and Conference Call

TULSA, OK - January 15, 2024 - Vital Energy, Inc. (NYSE: VTLE) ("Vital Energy" or the "Company") will report its fourth-quarter and full-year 2024 financial and operating results after market close on Wednesday, February 19, 2025.

A conference call to discuss results is planned for 7:30 a.m. CT on Thursday, February 20, 2025. A webcast of the call will be available on the Company's website at www.vitalenergy.com "Investor Relations | News & Presentations | Upcoming Events."

About Vital Energy

Vital Energy, Inc. is an independent energy company with headquarters in Tulsa, Oklahoma. Vital Energy's business strategy is focused on the acquisition, exploration and development of oil and natural gas properties in the Permian Basin of West Texas.

Additional information about Vital Energy may be found on its website at www.vitalenergy.com.

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